

Children's story books: Books that support children to talk about feelings and emotions

- The Colour Monster by Anna Llenas

- The Way I feel by Janan Cain
- The Koala who Could by Rachel Bright
- What are Feelings? Usborne Lift the Flap book
- Sweep by Louise Greig & Julia Sarda
- In My Heart, A book of feelings by Jo Witek
- Grumpy Bird by Jeremy Tankard
- Ruby's Worry and Ravi's Roar by Tom Percival
- I want my hat back by Jon Klassen
- Books about bullying, arguments, not sharing
- Bootsey Barker Bites by Barbara Bottner
- Two Monsters, Not Now Bernard, David Mckee
- MINE! By Hiawyn Oram & Mary Rees
- Look what I've Got! Anthony Browne
- The Squirrels who Squabbled by Rachel Bright
- Kind by Axel Scheffler
- My Many Coloured Days by Dr Seuss
- My Heart by Corinna Luyken
- Books about death & loss
- Missing Mummy by Rebecca Cobb
- No Matter What by Debi Gliori

- Grandpa by John Burningham
- Badger's Parting Gifts by Susan Varley
- Fred by Posy Simmonds
- Frog and the Birdsong By Max Velthuijs
- Mum and Dad Glue by Kes Gray
- Goodbye Mog by Judith Kerr
- Rabbityness by Jo Empson
- Water Bugs and Dragonflies by Doris Stickney
- I'll Always Love You by Hans Wilhelm

Books about loneliness

- Aldo by John Burningham
- Lost and Found by Oliver Jeffers
- A Lion in Paris by Beatrice Alemagna
- The Very Lonely Firefly by Eric Carle
- Beegu by Alexis Deacon

Needing a hero/ine

- The Paper bag Princess by Robert N. Munsch

- Isabel's Noisy Tummy David McKee
- Cannonball Simp and Borka, the goose with no feathers both by John Burningham
- Katie Morag delivers the Mail by Mairi Hedderwick
- The Turtle and the Island – A folk tale from Papua New Guinea retold by Barbara Ker Wilson
- Amazing Grace by Mary Hoffman

Books to sooth or reassure

- Husherbye by John Burningham
- Owl Babies Martin Waddell
- Six Dinner Sid by Inga Moore
- The Tiger who came to Tea by Judith Kerr

Books about prejudice

- Frog in Love *and* Frog and the Stranger Max Velthuijs
- Amazing Grace and An Angel just Like Me by Mary Hoffman
- Monty the Manatee by Natalie Pritchard

Books about fear and being frightened

- Frog is Frightened! Max Velthuijs
- Shhh! By Sally Grindley and Peter Utton
- A Dark Dark Tale by Ruth Brown
- Ruby's Worry by Tom Percival
- Bimwili and the Zimwi by Verna Aardema
- Boo! By Colin McNaughton

Books for excitement and participation

- OI! Get off our Train! by John Burningham
- The Three Little Wolves and the Big Bad Pig by Eugene Trivizas and Helen Oxenbury
- We're going on a Bear Hunt
- Angry Arthur by Hiawyn Oram
- Would you rather... by John Burningham

Superheroes & Boys

- Billy's Bucket by Kes Gray & Garry Parsons
- Max by Bob Graham
- Traction Man is Here by Mini Grey
- Super Daisy and the peril of planet Pea by Kes Gray & Nick Sharratt
- Charlie's Superhero Underpants by Paul Bright & Lee Wildish
- Nat Fantastic by Giles Andreae
- Angry Arthur by Hiawyn Oram
- Tyrone the Horrible by Hans Wilhelm

Other life events

- Teeth are not for biting – by Verdick, E. (2003)
- Truelove by Babette Cole (new baby)
- The Elephant and the bad baby by Elfrida Vipont
- I don't want to go to hospital by Tony Ross